

## Medications/Supplements to Discontinue Prior to Procedure(s)

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Review this Information Carefully

It is important to discontinue blood thinners two weeks before any procedure. Aspirin, arthritis medicines, cold medicines, and Non-steroidal Anti-inflammatory (NSAIDS) medications can cause excessive bleeding during surgical procedures. The list below is not a complete list of aspirin-containing or otherwise prohibited products, so be sure to check all medications you might take in the two weeks prior to your procedure to see if they contain these drugs/supplements. If you're not sure, contact your pharmacist for assistance.

**NOTE: Prior to stopping any prescription medication(s), please first discuss with your prescribing physician.**

For all non-footnoted products listed below, please discontinue taking 1-2 weeks prior to your procedure date. Please see specific footnote instructions for the remaining products. If you have any questions, or are medically required to take these drugs, notify us or confirm with your personal doctor that it is okay to stop in anticipation of your procedure. Also, taking some of the listed herbal supplements in low doses is okay, but please check with your doctor.

ADVIL  
AGGRENOX  
ALEVE  
ALKA SELTZER  
ANACIN<sup>1</sup>  
APPETITE SUPPRESSANTS  
ARTHRITIS PAIN FORMULA  
ASCRIPTIN  
ASPIRIN<sup>1</sup>  
BAYER<sup>1</sup>  
BRILINTA (Ticagrelor)<sup>1</sup>  
BUFFERIN<sup>1</sup>  
CAMA ARTHRITIS RELIEVER  
CELEBREX  
CHONDROITIN  
COUMADIN (Warfarin, Jantoven)<sup>2</sup>  
CORICIDIN  
DOANS PILLS  
ECHINACEA  
ECOTRIN EMPRIN COMPOUND  
EFFIENT (Prasugrel)<sup>1</sup>

**ENERGY DRINKS**  
ENTERIC  
EPHEDRA  
EXCEDRIN<sup>1</sup>  
FIORINAL  
FISH OIL<sup>3</sup>  
4-WAY COLD TABLETS  
GARLIC<sup>3</sup>  
GINGER  
GINKGO BILOBA  
GINSENG<sup>3</sup>  
GLUCOSAMINE  
GOLDENSEAL  
IBUPROFEN  
INDOCIN  
KAVA  
LOVAZA<sup>3</sup>  
MILK THISTLE  
MIDOL  
MOBIC  
MOTRIN

NAPROSYN/NAPROXEN  
NORGESIC  
NSAIDS<sup>4</sup>  
NUPRIN  
OMEGA-3<sup>3</sup>  
PERCODAN  
PENTASA  
PEPTO-BISMOL  
PLAVIX (Clopidogrel)<sup>1</sup>  
PRADAXA (Dabigatran)<sup>5</sup>  
PRESISTIN  
PROPOXYPHENE  
SAW PALMETTO  
ST. JOHN'S WORT<sup>3</sup>  
TRIOGESIC  
VALERIAN  
VANQUISH  
VICOPROFEN  
VITAMIN E<sup>3</sup>  
XARELTO (Rivaroxaban)<sup>6</sup>

- 1 - Stop taking these 5-7 days prior to procedure
- 2 - Stop taking these 3 days prior to procedure
- 3 - Stop taking these 7 days prior to procedure
- 4 - Stop taking these 3-7 days prior to procedure depending on the dosing of medication  
(Medications taken once daily need a longer time to clear your body than medications taken two to four times daily)
- 5 - Stop taking these 2 days prior to procedure assuming normal kidney function
- 6 - Stop taking these 2 days prior to procedure

Signature \_\_\_\_\_ Date \_\_\_\_\_

*By signing I am acknowledging I have a copy of this document in my personal possession.*